

# Light Amateur Basketball Association Inc.,

## *Junior Rules 2019*

### *Under 10*

1. Allowed 5 seconds in the keyway
2. Players shall have, as close as practical, equal court time
3. The free throw line can be brought forward at the discretion of the umpires
4. A three point score counts as two
5. No jump balls. The arrow rule applies (alternate sides to have possession)
6. The clock does not stop for the last three minutes of the game
7. This grade does not have a trophy or shield for highest points scorer
8. This group does not have a best & fairest season trophy
9. No votes given by the umpires
10. No pockets in shorts
11. Cloth headbands allowed but no wider than 5cm
12. Medic Alert bracelets must be taped firmly
13. Sports gloves permitted, but must be in perfect condition

### *Under 12*

1. Allowed 5 seconds in the keyway
2. Players shall have, as close as practical, equal court time
3. The free throw line can be brought forward at the discretion of the umpires
4. A three point score counts as two
5. No jump balls. The arrow rule applies (alternate sides to have possession)
6. The clock does not stop for the last three minutes of the game
7. This grade does not have a trophy or shield for highest points scorer
8. This group does not have a best & fairest season trophy
9. No votes given by the umpires
10. No pockets in shorts
11. Cloth headbands allowed but no wider than 5cm
12. Medic Alert bracelets must be taped firmly
13. Sports gloves permitted, but must be in perfect condition
14. Premiership table will be available, however U12s will not participate in finals

### *Under 14*

1. Players should have, as close to practical, equal court time
2. A three point score counts as three points
3. No pockets in shorts
4. Cloth headbands allowed to be worn, but no wider than 5 cm
5. Medic Alert bracelets must be taped firmly
6. Sports gloves permitted but must be in perfect condition
7. The clock needs to be stopped on every whistle in the last two minutes of the fourth quarter. Unless agreed by the umpire and both coaches, if one team is winning by thirty points or more.

## *Under 16*

1. Players should have as close to practical, equal court time
2. No pockets in shorts
3. Cloth headbands allowed, but no wider than 5cm
4. Medic Alert bracelets must be tape firmly
5. Sports gloves permitted but must be in perfect condition
6. The clock needs to be stopped on every whistle in the last two minutes of the fourth quarter. Unless agreed by the umpire and both coaches, if one team is winning by thirty points or more.